

# The Anti-Candida Protocol

## *The 5-step program summary*

Our holistic approach to candida and yeast infection issues is specifically designed to help your body to naturally balance the candida overgrowth:

- Create an environment in the body that naturally reduces the levels of candida yeasts.
- Optimize the body's ability to effectively and safely eliminate candida toxins.
- Provide key nutrients needed for the body to repair and recover from the damage and stress caused by the candida yeast overgrowth.

<b>STEP 1</b> Week 1-2	<a href="#">Candida Colon Cleanse</a>   ( <a href="#">Oxy-Powder</a> ) Removes accumulated waste buildup and other toxins the can feed candida yeast.
<b>STEP 2</b> Week 1-8	<a href="#">Anti-Candida Diet</a> Avoid: foods that overfeed candida or weaken your immune system. Eat: foods that help your body to naturally balance the overgrowth.  <a href="#">Candida Enzymes</a>   ( <a href="#">VeganZyme</a> ) Help transition to the candida diet by improving digestion and nutrients uptake of the foods you eat. Break down candida cell wall.
<b>STEP 3</b> Week 1-4	<a href="#">Candida Targeted Probiotics</a>   ( <a href="#">Latero-Flora</a> ) Restore healthy gut flora with strains that are specifically effective against candida.
<b>STEP 4</b> Week 1-8	<a href="#">Candida Vitamins, Minerals &amp; Antioxidants</a> Key nutrients needed to repair infection's damage, avoid nutritional deficiencies.
<b>STEP 5</b> Week 2-8	<a href="#">Antifungal Supplements</a>   ( <a href="#">Mycozil</a> ) Eliminate candida yeasts in more severe or stubborn cases of candida overgrowth.  <a href="#">Yeast Infection Creams</a> Relieve discomforts such as yeast infection rash, eczema, itchy skin, vaginal infection, male yeast infection, oral thrush.

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A BIG PART OF OUR WORK AND BUDGET IS SPENT ON EXTENSIVE RESEARCH FOR THE BEST NATURAL WAYS TO IMPROVE PEOPLE'S HEALTH AND LIVES. THIS ALSO INCLUDES AN ONGOING REVIEW OF THE PRODUCTS ON THE MARKET.

WE TEST ALL THE PRODUCTS THAT WE RECOMMEND, MAKING SURE THEY ARE TOP OF THE LINE, AND MEET OUR HIGH STANDARDS FOR EXCEPTIONAL QUALITY, EFFICIENCY, SAFETY AND CUSTOMER SERVICE. SOME OF THE LINKS PROVIDED TO THESE PRODUCTS ARE AFFILIATE LINKS, MEANING THAT WE MAY GET A COMMISSION IF YOU CHOOSE TO BUY A PRODUCT AFTER VISITING THE MERCHANT'S SITE THROUGH THAT LINK. IF YOU CHOOSE TO DO SO, WE DO APPRECIATE IT, AS IT ENABLES US TO KEEP OPERATING THE SITE AND CONTINUE DELIVERING THE INFORMATION ON THIS WEBSITE WITH NO CHARGE AS A SERVICE TO YOU.

