The Overnight Toxins Flush

Taken from Nature’s Most Potent Remedies Series

One of the most effective natural remedies to quickly and safely remove toxins and accumulated waste from your body.

This detox lemon water remedy is ideal for:

- **Die-off symptoms** healing crises and detox symptoms relief
- **Constipation or digestion issues** such as gas, bloating
- **Cases of overeating**
- **Ongoing basis to get rid of accumulated toxins in your body**

**Directions**

- Squeeze the juice of ½ organic lemon and add 1 teaspoon of organic raw unfiltered apple cider vinegar into 16 ounces of distilled water.
- Drink before bedtime with 4-8 capsules of oxy-powder on an empty stomach away from any foods or other supplements.
  
  Learn more about oxy-powder
- Expect the next day to have a series of bowel movements with many of the toxins being eliminated. Most people feel a significant relief when these toxins are being flushed out.
- If you have never taken oxy-powder before, start with 2 capsules and gradually increase if needed.

To Learn more on oxy-powder including study results on its safety and effectiveness for toxins removal:

Oxygen Colon Cleanse Experts Guide
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A BIG PART OF OUR WORK AND BUDGET IS SPENT ON EXTENSIVE RESEARCH FOR THE BEST NATURAL WAYS TO IMPROVE PEOPLE’S HEALTH AND LIVES. THIS ALSO INCLUDES AN ONGOING REVIEW OF THE PRODUCTS ON THE MARKET. WE TEST ALL THE PRODUCTS THAT WE RECOMMEND, MAKING SURE THEY ARE TOP OF THE LINE, AND MEET OUR HIGH STANDARDS FOR EXCEPTIONAL QUALITY, EFFICIENCY, SAFETY AND CUSTOMER SERVICE. SOME OF THE LINKS PROVIDED TO THESE PRODUCTS ARE AFFILIATE LINKS, MEANING THAT WE MAY GET A COMMISSION IF YOU CHOOSE TO BUY A PRODUCT AFTER VISITING THE MERCHANT'S SITE THROUGH THAT LINK. IF YOU CHOOSE TO DO SO, WE DO APPRECIATE IT, AS IT ENABLES US TO KEEP OPERATING THE SITE AND CONTINUE DELIVERING THE INFORMATION ON THIS WEBSITE WITH NO CHARGE AS A SERVICE TO YOU.